



Feeling Your Way Mini-Retreat : Booking Form

Once again, I am delighted that you will be joining us!

To book your place, please complete the following form and return to me by email at karen@hartholisticsupport.co.uk along with confirmation that you have made payment by BACS, as per details below.

Please do not book travel or accommodation until your booking has been confirmed. If you don't receive a response within 72 hours of making payment and returning this booking form, please send me another email or give me a call on 07736 809264.

Thank you and I look forward to meeting you soon,

PAYMENT DETAILS:

Amount:	£135 until 31 October 2019	£175 from 1 November 2019
Account Name:	Karen Abi-Karam	Sort Code: 30-00-05
Account Number:	03518152	Reference: Use your full name as reference

PLEASE ANSWER ALL QUESTIONS:

Full Name			
Email Address			
Mobile Number			
Home Town			
Please confirm you are booking for a place on Feeling Your Way Mini-Retreat for Women Approaching Menopause on Friday 31 January 2020.			
Do you have any dietary requirements? If so, please be specific or state "none".			
If you have any medical conditions please indicate them here or state "none".			
Are you on any mediation? If so, please describe.			
Emergency Contact Name & Mobile Number			
<i>Please note, all information is treated in the strictest confidence. It is your responsibility to inform me of any physical or mental health issue which you may have. Please update me on arrival, if applicable.</i>			
Would you like information about local accommodation? Payable directly with hotel.			
How did you hear about this retreat?	<input type="checkbox"/> Returning Client <input type="checkbox"/> Google Search Straight to www.hartholisticsupport.co.uk <input type="checkbox"/> Recommendation from a Friend <input type="checkbox"/> Facebook <input type="checkbox"/> Instagram <input type="checkbox"/> Linked In <input type="checkbox"/> Other, please specify:		

Please read the Important Information below which contains information about cancellations. Then sign and print your name to confirm you have understood and agree to the terms.

IMPORTANT INFORMATION

BOOKING: Payment for Mini Retreats to be made in full on booking. Alternative payment plans may be available subject to prior arrangement. Dietary requirements and any additional needs must be identified at time of booking. Meals included will be as per set menu which will be available each day plus limited soft drinks per person. Extras will be payable to the hotel directly. For overnight stays, use of spa is during free time and subject to spa opening times and regulations. Choice of treatment from list provided at time of booking and subject to availability – an alternative choice may be required. Payment for accommodation and treatments will be payable to the hotel directly. Travel is not included.

REFUNDS & TRANSFERS: A 25% cancellation fee per unattended retreat will be retained for cancellations made in writing 28 days prior to each retreat date. Fees are non-refundable after these dates. It may be possible to transfer your place to another person or to an alternative retreat but this will be considered on a case by case basis. HART Holistic Support reserves the right to cancel, postpone, or change venue of a retreat in the highly unlikely event of low enrolment, weather conditions, or other unforeseen circumstances. Please note that HART Holistic Support is not responsible for refunding travel expenses or other costs incurred due to cancellations by either party. You may wish to consider taking out travel insurance.

RESPONSIBILITY AND LIABILITY WAIVER: HART Holistic Support and Karen Abi-Karam do not claim to diagnose, treat, cure, or prevent any disease or psychological disorder and is not a substitute for medical or psychological treatment. As a member of the Federation of Holistic Therapists, HART Holistic Support and Karen Abi-Karam have a contractual commitment to work in accordance with its current Ethical Framework.

PARTICIPANTS: I assume full responsibility for any risks, injuries, or damages, known or unknown, which might occur as a result of my participation in the retreat. I release and agree to indemnify and hold harmless, HART Holistic Support and Karen Abi-Karam from any and all losses and claims, even if arising from their negligence, to the fullest extent permitted by law. It is expressly agreed that all use of the facilities and premises (including but not limited to stairs, parking areas, walkways) shall be undertaken at my own risk.

Signature:

Full Name (capitals):

Date:

HONOUR · ACCEPT · RELEASE · TRUST

CONTACT KAREN

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www.hartholisticsupport.co.uk